

## **St. Tropez Pre-Spray Advice**

Immediately prior to your spray (or as near to the application of your tan) remove any hard skin build-up for your feet using a pumice stone or a foot file. Exfoliate all your skin including your face with an oil free exfoliant. Repolish your feet, hands, knees and elbows.

**DO NOT WAX OR SHAVE ON THE DAY OF YOUR SPRAY TAN.**

Do not use any moisturiser's perfumes or deodorants. **Avoid Dove products prior** to tanning or whilst your tan is on! (These products can give a patchy result or may block the tan completely). Customers please come with loose dark clothing to wear home. It is often advised **NOT** to wear your bra immediately after your spray tan. Avoid excessive perspiration and the rain immediately after your spray, Sandals or flip-flops are ideal footwear.

